

The INTERCHANGE

Monthly Newsletter for State Employees Prepared by State Employees



JOSEPH E. KERNAN, Governor

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Dear Fellow State Employees:

Today I wish you my very best for State Employee Recognition Day, a day many state governments have set aside to honor the contributions their employees make on a daily basis.

I am extremely proud of all of our committed state employees who have worked diligently, even through the troubled economy, to make the State of Indiana a better place to live, work, and raise a family. Your dedication to the programs and services that you provide make it a pleasure for me to work with you every day.

I thank you for all that you do for our government and for the citizens of the State of Indiana. It gives me great pleasure to announce that Governor Joseph E. Kernan has proclaimed May 5th as a day to appreciate and honor you and your accomplishments.

Sincerely,

D. Sue Roberson

State Employees Receive \$10 Discount on Indiana State Museum Memberships

Did you know that you can receive free admission to the Indiana State Museum for a year, plus other benefits like discounts in the museum gift shop and the IMAX Theater? Find out about the many other perks of an Indiana State Museum Foundation membership by visiting the museum's web site at <http://www.in.gov/ism/MembershipBenefits/>.

As an Indiana state employee, you are entitled to a \$10 discount on a membership to the Indiana State Museum Foundation. The cost of membership ranges from \$29 to \$90 for state employees. You will want to visit the Indiana State Museum several times this summer to catch all the exciting upcoming exhibits!

State Employee to Sing National Anthem at State Employee Recognition Day with the Indianapolis Indians!

Karlin Dunlop from Family and Social Services Administration was chosen to sing the National Anthem at the Indianapolis Indians game on May 2nd! A number of state employees submitted tapes of themselves singing the National Anthem to the Indians

office during the month of April. It was difficult to choose just one person! All state employees receive a discount to the game, and the agency with the highest attendance will participate in the on-field promotions that day.

Evansville Psychiatric Children's Center Celebrates the 100th Birthday of Dr. Suess

On March 2, 2004, the Evansville Psychiatric Children's Center (EPCC) joined other schools across America in celebrating the 100th birthday of Dr. Suess. The children's day started with a delicacy from the Dietary Department, Green Eggs and Ham.

All EPCC staff wore black and red, with several appearing as Dr. Suess characters. The children made "Cat in the Hat" hats for the occasion.

There was a book-reading marathon where each child got a chance to read a book, or have a book read to them. The total time spent reading by each child on that day was logged in at over 40 hours.

The EPCC teachers utilized special games, activities and worksheets in the classrooms to commemorate this special event. EPCC staff and children also enjoyed a "Books are Fun" book fair, which included a variety of fun and educational books and games. The children were able to pick out a book of their choice, and the staff members were able to place an order on anything that interested them. The staff members' orders made it possible for the children to receive a number of free items to keep in their dorms.



The event was fun, educational, and enjoyed by all!

Is Your Air Child Proof?

Each year 18,900 Hoosier babies are born to mothers who smoke. Our youngest generation is exposed to hazardous contaminants through secondhand smoke that promotes unhealthy living conditions and health effects that can cause chronic damage to these developing bodies. Each year in Indiana alone, healthcare costs for babies fighting tobacco-related illnesses is \$20.4 million.

Smoke-filled living environments enable dangerous contaminants to fill the air children breathe. Secondhand smoke can be absorbed into walls, floors, furniture, clothes, toys and other household surfaces within minutes and can linger for hours. From homes to daycare facilities to restaurants, secondhand smoke is creating air that is damaging to young lives.

What You Should Know

- Children who are exposed to secondhand smoke are more likely to experience reduced lung function and suffer from respiratory tract infections like bronchitis and pneumonia.
- Asthmatic children exposed to secondhand smoke may experience increased symptoms and asthmatic episodes.
- Studies have linked an increase in Sudden Infant Death Syndrome (SIDS) cases to parental smokers.
- Smoking outdoors only minimally reduces the effects of secondhand smoke, and the contaminants can still be recycled in the air.

How To Protect Your Children from Second Hand Smoke

- Do not allow smoking in your home—establish a smoke-free environment.
- Never allow smoking to take place around children.
- Discuss your smoke-free policy with babysitters or others who work and visit your home.
- Research smoking practices and policies of your day care providers, pre-schools, schools and other caregivers.
- Educate other parents on the negative health effects of secondhand smoke.
- Partner with other parents and community organizations to secure smoke-free policies for schools and other children-friendly establishments.
- Work with local restaurant owners to encourage them to make their establishment smoke-free.

A partnership between the Indiana State Personnel Department (SPD) and the Indiana Tobacco Prevention and Cessation Agency (ITPC) provides additional programs and resources to help state employees quit smoking. As a result of this ongoing partnership, facts about tobacco use and its effects on Indiana state employees appear monthly in *The Interchange*.

For more information, or if you or a loved one needs help quitting smoking, call 866-515-5433 or visit www.WhiteLies.tv.

State Employee Discounts on Summer Camps

Looking for educational opportunities for your children this summer? Sign them up for one of the Indiana State Museum's exciting summer camps!

Your children will be in a safe and educational environment while they learn about topics like art, archaeology, technology or history. And state employees receive a special discounted rate on camp enrollment for their children!

Below is a listing of the camps offered this summer at the museum. Be sure to check the museum's Web site for further details on the camps and for information on before and after care. Sign up your kids today by calling 232.1637!

www.in.gov/ism/EventsPrograms/Camps.asp

Indiana State Museum Summer Camps:

Digging Through History: Archaeology Camp

June 14 - 18, 2004

Regular cost: \$100

State employee cost: \$75

Exploring Nature: Science Camp

July 26 - 30, 2004

Regular cost: \$100

State employee cost: \$75

Learning Your Family Roots: Family History Camp

June 28 - 30, 2004

Regular cost: \$40

State employee cost: \$30

Museum Theater Camps

Camp 1: June 14 - 18, 2004 (Theme: Ice Age Animals)

Camp 2: June 21 - 25, 2004 (Theme: Mad Science)

Camp 3: June 28 - July 2, 2004 (Theme: Pioneer Indiana)

Camp 4: July 12 - 16, 2004 (Theme: World War II)

Camp 5: July 19 - 23, 2004 (Theme: The Future of Indiana)

Regular cost: \$160

State employee cost: \$120

Out and About in Indiana: A Summer Art Experience

July 19 - 23, 2004

Regular cost: \$140

State employee cost: \$115

Rough Cuts: Adventures in Video

Camp 1: June 28 - July 2, 2004

Camp 2: July 12 - 16, 2004

Regular cost: \$185

State employee cost: \$155

Camp Invention

July 12 - 16, 2004

Cost: \$199

Register for this camp by visiting www.campinvention.org.

"It's More Than Music"

The State Personnel Department and the Indiana Arts Commission welcome you to attend the Ninth Annual Black Music Month Celebration, "It's More Than Music".

We will also remember late Governor Frank O'Bannon for his support and proclamation urging all Indiana citizens to observe the month of June as "Black Music Month".

All State Employees are invited to join the celebration!

June 25, 2004

11:30 a.m. or 12:45 p.m.

Government Center – South
Conference Center Auditorium

Performances By...

Dance Sensations [Krash Krew](#)

Glorious Sounds of [Yet Unseen](#)

Featured Performance by [Indy Youth Gospel Music Camp](#)

TRAINING PROGRAMS

June 2004

Date	Time	Class	Cost
1	9:00 - 3:00	CLER** Review Session (Restricted enrollment)	Free
3	8:00 - 4:30	Statewide Compliance Conference**	TBA
9	9:00 - 12:00	Short/Long Term Disability Worker's Compensation	Free
10	9:00 - 12:00	Selection and Interviewing	Free
15	10:00 - 11:00	Ethics Orientation	Free
16	1:00 - 3:30	Hoosier S.T.A.R.T. "Distribution Options"	Free
16	10:00 - 12:00	Ethics for Supervisors/Managers	Free
17	8:30 - 4:30	HR Orientation**	Free
22	8:30 - 1:00	Driver Improvement Program	Free

NOTE: All classes will be held in the State Training Center except where noted.

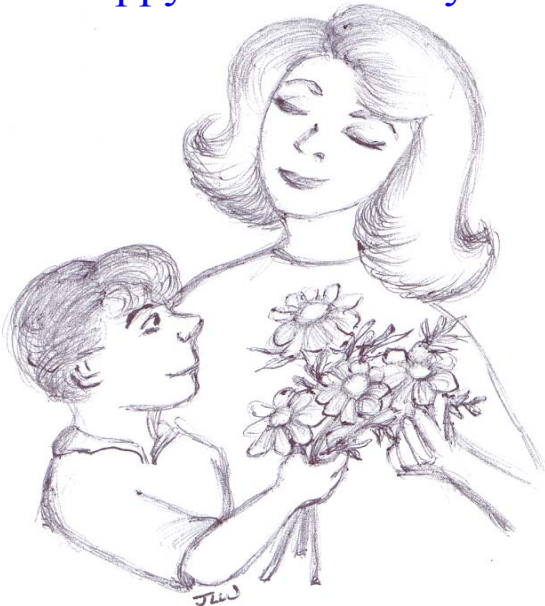
**These classes are only offered to SUPERVISOR/MANAGERS AND/OR HUMAN RESOURCES PERSONNEL.

Classes that require a fee are noted. Obtain your supervisor's approval to attend.

For more information or to register, you will need to contact your agency training contact person (ATCP).

Please visit <http://www.in.gov/jobs/training&development/0homepag.htm> to check for calendar updates before registering.

Happy Mother's Day!



Artwork provided by Jerry Williams,
State Personnel Department.

Disability Determination Bureau Celebrated St. Patrick's Day in a Different Way

The AA/EEO committee at the Disability Determination Bureau marked St. Patrick's Day with their own version of "March Madness".

Besides "the wearin' of the green", the committee furnished baked goods for those employees bringing donations to Gleaner's Food Bank. Darren Boyd, Resource Developer at Gleaner's, indicated over five hundred pounds of food and personal items were received.

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